Covid-19 Program Protocols

CYT San Diego values the safety and health of all participants, staff and volunteers during the COVID-19 health crisis. In addition to the protocols below, we have developed our Safe Reopening Plan that is posted on all of our main entrances to our 1545 Pioneer Way building. We are also monitoring all COVID-19 federal state, and local guidelines from the State of California Dept of Public Health (CDPH), County of San Diego, and the Center for Disease Control (CDC). These protocols can change at any time based on new guidance from any of these agencies.

Please direct any questions about these protocols towards Laura Bertagnolli, Managing Director, at laura@cytsandiego.org or 619-588-0206 x506.

Upon arrival at all CYT programming, participants will be required to:

1). Wash your hands
   • Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
   • Soap and water will be readily available or hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
   • Avoid touching your eyes, nose, and mouth with unwashed hands at all times.

2). Avoid close contact
   • Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other household members.
   • Put distance between yourself and other people outside of your home. Actors will be asked to stay at least 6 ft (about 2 arms lengths) away from each other. Floor decals will be used to help maintain social distancing.
   • Avoid touching your eyes, nose, and mouth with unwashed hands at all times.

3). Cover your mouth and nose with a face cover when around others.
   • You could spread COVID-19 to others even if you do not feel sick.
   • The face cover is meant to protect other people in case you are infected.
4). Cover coughs and sneezes

- If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

5). Clean and disinfect

- Staff and volunteers will be cleaning AND disinfecting frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

6). Monitor Your Health

- Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.
- All actors and volunteers will be asked to take their temperature upon arrival at any programming.
- Anyone with a fever of 99 degrees or higher, or displaying any other cold, flu-like, or COVID-19 symptoms will be sent home immediately.
- If you have been in contact with anyone in the past 14 days who has displayed any flu-like symptoms, fever or been diagnosed with COVID-19, please self-quarantine at home and avoid any program attendance.
- Please notify CYT staff immediately if anyone in your household is diagnosed with COVID-19 or if any family members have attended a CYT function within 2 weeks of infection.

- If a participant is diagnosed with COVID-19 while enrolled in a CYT program, CYT will notify all participants and their parent/guardian of the possible exposure. CYT reserves the right to cancel the program at any time for this reason. Additionally, in the case of cancellation due to COVID-19 exposure, no refunds or credits will be offered.